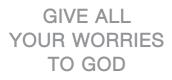


21 May 2023

SEVENTH SUNDAY OF EASTER







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Share your highs and lows, or respond to the following:

- 1. Why do we worry?
- 2. Share about a time when you were worried about something or someone.



Read the following Bible readings throughout this week. Talk about what words or phrases stand out for you.

1st reading

Acts 1:6-14 Matthias replaces Judas 2nd reading

1 Peter 4:12-14, 5:6-11 Suffering for being a Christian

Gospel reading

John 17:1-11 Jesus prays for his disciples

DISCUSS

The apostle Peter encourages us not to be too proud to give our worries to God, because he cares for us (1 Peter 5:7). Think of a time when you gave your worries to God.



Do you know someone who is going through a difficult time? Make up a card or note to send them. You might like to include the words of 1 Peter 5:7 ("Give all your worries and cares to God, for he cares about you").



Lord God, we give all our worries to you. Help us rest easy in your care. Amen.



Lord God, thank you for loving us, feeding us and caring for us. Your praises we shout and your name we bless. Amen.



BLESSING

May God always keep you safe. May he keep your faith in Jesus strong and give you eternal life.

GIVE ALL YOUR WORRIES AND CARES TO GOD, FOR HE CARES ABOUT YOU.

1 PETER 5:7

VERSE OF THE WEEK